

HEARTS FOR

Hearts for Youth Inc.
PO Box 414
Alexandria Bay, NY 13607



YOUTH INC.

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heartsforyouth@gmail.com
315-482-9971 ext. 2130

Dear Parent/Guardian,

Hearts for Youth will be host cooking classes for youth in grades 3 and up at Alexandria Central School from 3:15-5pm. This will be a three-week program that will allow students to actively participate in cooking, as well as education on healthy eating and nutrition. Each class students will work together to make a healthy snack. **Dates for this event are February 28, March 14 & 28.**

Early sign up is recommended. This is not a drop-in program.

Permission slips for this program are due Monday, February 11th to the Hearts for Youth Office.

Grade 3 and up Cooking Program

First Name _____ **Last Name** _____

Age ___ **Grade** ___ **Teacher** _____

Emergency Contact (Name and Phone) _____

Parent Name _____ **Parent Email** _____

Parent Signature _____

Allergies: _____